

**Girls!**  
Come along and try it out for  
**FREE**  
Girls in year 4 and above can opt to play contact or Tag rugby



# GET STUCK IN!

## Half Term Rugby Camps

**Don't miss this Half Term's Rugby Coaching sessions with Jersey's Rugby Club Professionals**

Years 2, 3, 4, 5 & 6	Tuesday 14 February	Grainville School	10am - 1pm	Course Fee £15
Years 2, 3, 4, 5 & 6	Wednesday 15 February	Jersey Rugby Football Club	10am - 1pm	Course Fee £15
Years 2, 3, 4, 5 & 6	Thursday 16 February	Les Quennevais Playing Fields	10am - 1pm	Course Fee £15

Players will participate in a wide range of activities aimed to increase the skill level required for the game in its various forms. No previous Rugby experience is required but participants will need studded boots and appropriate clothing. It would be advisable for players to also bring a light snack and plenty to drink.

If you are at all interested in your son or daughter taking part in any, or indeed all, of these rugby development days, please complete an application form and return to:

**David McCormack, Jersey Rugby Development Officer, Fort Regent Leisure Centre, St. Helier, Jersey JE2 4UX**

Application forms can be downloaded from [www.fnbipc.com](http://www.fnbipc.com) or can be collected from the main office at Jersey RFC or at the majority of schools and sports centres island-wide.

 Find us on Facebook Search: Jersey Rugby Development

Year 2 and 3 players will get a chance to develop their tag rugby skills. Year 4 players and above will be involved in Contact situations so a Gum Shield will be required. Girls in year 4 and above can opt to play contact or Tag rugby.

If you require information on Gum Shields or have any other queries, please do not hesitate to contact your Rugby Development Officer, David McCormack, on 449766 or 07829 955123.

**Sponsored by FNB International Private Clients**  
*Supporting Rugby Development*



**FNB**

**WE LOOK FORWARD TO WELCOMING ALL BUDDING RUGBY PLAYERS OF THE FUTURE**